



Relax | Rejuvenate | Unwind



Welcome to Emoya Spa

Emoya Spa will pamper and spoil you with a variety of treatments while you experience the tranquil and serene sights and atmosphere unique to the Estate.

We offer an experience, not only treatments and products. Leave your worries in the change rooms along with your valuables in a locker as you robe for an Emoya Spa experience starting with a complimentary drink in the rainforest footbath area, whereafter you will be taken to the treatment room.

We cater for the individual, romantic couples as well as groups up to 40 people on our private Spa Deck. Light lunches and snacks are also available on request, served in either the Spa Lounge, with refreshments, or on the Patio by the unheated rockpool overlooking the bushveld where animals roam freely. If you are lucky, the giraffes and rhinos will stop by for tea-time.



SIGNATURE treatments

Step back in time and experience a journey through the senses. Indigenous practices, products and treatments are used in creating a therapeutic voyage - embracing the cultures of the past and transcending today's stresses.

SPIRIT MASSAGE - Full Body

60 min

R600

SPIRIT MASSAGE - Back & Neck

30 min

R450

Experience the Spirit of the Emoya Spa with this truly African inspired Massage. Incorporating Rungus and Calabashes along with hot stones to ward off the stress of daily living.

BASOTHO FOOT MASSAGE

45 min

R350

A gentle exfoliating and luxurious soak of the feet, followed by a tension relieving foot massage with Rungus and Hot Stones to relax and re-energise.

EMOYA RASUL - Couple

45 min

R650

EMOYA RASUL - Per Person

45 min

R500

The Jewel of the Spa! A steam room environment is created while guests use a sugar scrub to exfoliate, followed by a mud mask to deeply nourish the skin, ending off with a tropical shower to cleanse and calm. A truly unique experience.

CUPPING

30 min

R450

Special cups are placed on the skin to create suction for a few minutes, drawing blood to that area.

Cupping may help with pain, inflammation, blood flow, relaxation, and as a type of deep-tissue massage.

60 min

R600

G5 TREATMENT

5 sessions

R2000

Sessions are between 30 and 60 minutes each

10 sessions

R3500

G5 is excellent for toning, increasing circulation and to aid in the breakdown of fatty deposits and cellulite. It is particularly good for the back, shoulders, thighs, hips, buttocks and stomach.

This treatment is ideal as a pre-holiday body toner.



MASSAGE treatments

Massages soothe the body, ease the mind and unwind the spirit. You will feel relaxed with your mind stilled and your body revitalized after receiving our heavenly treatments.

Kalahari Candle FB	60 min	R600
Kalahari Candle B/N	30 min	R450
African Stone FB	60 min	R600
African Stone B/N	30 min	R450
African Stone	90 min	R800
Deep Tissue FB	60 min	R850
Deep Tissue B/N	30 min	R600
Tula Baba FB (Pregnant Women)	60 min	R600
Tula Baba B/N (Pregnant Women)	30 min	R450
Aromatherapy FB	60 min	R600
Aromatherapy B/N	30 min	R450
Aromatherapy	90 min	R800
Pressure Point Foot	45 min	R500
African Head Massage	30 min	R350
Spirit Massage FB	60 min	R600
Spirit Massage B/N	30 min	R450
Basotho Foot Massage	45 min	R350

SPA journeys

BASOTHO JOURNEY	R1100 p/p
Rasul, Sparkling Mist Jacuzzi, Hourglass Back and Neck Massage, Light Lunch	
EMOYA ESCAPE	R1500 p/p
Kalahari Honey Bush Facial, Kalahari Candle Back & Neck Massage, Manicure OR Pedicure, Sauna, Light Lunch	
RESTORE PACKAGE	R1600 p/p
Kalahari Cocoon Wrap, Sparkling Mist, Aromatherapy Massage, Light Lunch	
PURE BLISS PACKAGE	R2000 p/p
Kalahari Desert Glow Exfoliation, Kalahari Honey Bush Facial, Kalahari Floating Feet Pedicure, Hourglass Back & Neck Massage, Sparkling Mist Jacuzzi, Light Lunch	
RHINO'S DELIGHT	R3000 p/p
Rasul, Emoya Spirit Massage, Kalahari Honey Bush Facial, Royal Foot Treatment, Royal Hand Treatment, Light lunch, Sparkling Mist	
BLISSFULL PAMPER FOR TWO	R3000
Rasul, Emoya Spirit Massage, African Head Massage, Sparkling Mist Jacuzzi, Light Lunch	
EMOYA SPA SUNSET PACKAGE	PER PERSON R1200
Couples Kalahari Candle Massage, Couples Rasul, Signature Foot Bath, Jacuzzi & Light Lunch. (September - March, 16h00 - 19h00 / April - August, 08h00 - 17h00)	
MOTHER & DAUGHTER PACKAGE	PER COUPLE R2200
Kalahari Candle Back & Neck Massage, Nimue OR Kalahari Honeybush Facial, Sparkling Mist, Homemade Basotho Iced Tea in our Footbath and a Light Lunch	
SIGNATURE DELUXE PACKAGE	R3500 p/p
Emoya Spirit Back & Neck Massage, African Head Massage, Basotho Foot Massage, Rasul, Sparkling Mist Jacuzzi, Light Lunch & Rainforest Footbath	

Please enquire for your individual, corporate or conference needs.





BODY treatments

Our Body Treatments will address your personal body concerns. All body treatments include a scalp, hand or foot massage and a full body scrub.

FULL BODY TREATMENTS

Kalahari Cocoon Wrap

60 min

R850

The Kalahari Cocoon Body Wraps are luxurious body wrap experiences with various options that includes optional exfoliation options. Revive the body and unveil the silky smooth, invigorated, and moisturized skin upon completion of this ultra-nourishing treatment.

Kalahari Desert Glow Exfoliation

45 min

R450

The Kalahari Desert Glow Body Exfoliation is a luxurious sensory experience where natural and organic botanicals and earth mediums are used to revive the dull appearance of the skin leaving it smooth and glowing.

HANDS AND FEET

MANIPÉDI COLLECTION

A Luxurious treatment using four fragrant perfect products to perform a nourishing Manicure or Pedicure Treatment. Entice your senses with our mineral salt foot soak, sugar foot scrub and massage and moisture medium that will leave your hands or feet nourished with a subtle bronze glow.

Kalahari Heavenly Hands

45 min

R320

Royal Hands (includes a Scalp/Foot massage & glass sparkling wine)

90 min

R500

Kalahari Floating Feet

60 min

R400

Royal Feet (includes a Scalp/Foot massage & glass sparkling wine)

90 min

R550

ADD-ON:

EXTRA

Parrafin Dip

R100

Phyto Heel Treatment with PEC

90 min

R680

The Phyto Heel Exfoliation is a highly effective deep exfoliation that removes dead skin cell build-up. The Glycolic acid and Pumpkin enzymes, which break down the protein bonds that hold dead skin cells together, for these to be easily buffed away. The rough skin will feel smooth and hydrated. Suitable for all skin conditions.

Hand & Arm De-Ageing Treatment

15 min

R170

The Phyto Hand and Arm Treatment is an effective anti-ageing treatment with highly effective fruit and vegetable enzymes. The treatment will improve the visible signs of ageing and will leave the skin well exfoliated, brighter and hydrated. This treatment is suitable for all skin conditions.

All treatments include a complimentary welcome drink and customary soak of the feet in our Signature Rainforest Foot Bath before proceeding to your chosen treatment.



NIMUE skin treatments

Combining relaxation with the expertise of Nimue and Kalahari products, you will receive the ultimate facial.

Nimue Facial		45 min	R500
Nimue Active Resurfacing Peel		45 min	R740
Nimue Thermal Detox Peel		30 min	R740
Nimue Microneedling	First Treatment	60 min	R1000
	Treatments 2 to 6	60 min	R800 <small>PER SESSION</small>

A minimally invasive Microneedle roller is utilised to stimulate collagen induction and serves as a trans-dermal delivery device. This increases penetration of active skin care ingredients captured in specially formulated trans-dermal solutions. The roller consists of very fine 1mm needles. Multiple treatments are required to achieve the desired result as the treatments have a cumulative effect. Results can include improved texture and firmness, as well as a reduction in scars, pore size, and stretch marks. Assists with thickening of thin skin, acne scarring, fine lines and wrinkles and pigmentation.

ADD-ON NIMUE SKIN TREATMENTS

Prebiotic SuperFluid

for the treatment of problematic and acne-prone skin

Retinol SuperFluid

for the treatment of fine lines and wrinkles as well as age spots

Vitamin C SuperFluid

for hyperpigmented skin and dull complexions

Hyaluronic Acid SuperFluid

for the treatment of dry and dehydrated skin

EXTRA
R150

R150

R150

R150

Add 15 minutes to your total treatment time for the Add-on Skin Treatments

KALAHARI skin treatments

Combining relaxation with the expertise of Nimue and Kalahari products, you will receive the ultimate facial.

Hydrating Honeybush Skin Treatment

60 min

R450

A combination of effective plant extracts, oils and enzymes that will nourish and revive a dull and dehydrated skin. This treatment may include the neck and décolletage and will leave the skin clear and well hydrated. This treatment is recommended for all skin conditions as well as young skins.

Lipid Rich Skin Treatment

30 min

R450

A botanical oil-rich mask based on essential fatty acids and nutrient rich ingredients. The combination of two mediums delivers essential nutrients to the skin leaving it deeply moisturised and ultra-hydrated. This relieves excessive dryness and inflammation and will restore the hydrolipid barrier. Recommended for all skins excluding severe problematic skin conditions.

Vitamin C Skin Treatment

30 min

R450

An Antioxidant rich treatment based on organically derived vitamin C. This treatment boosts and improves collagen and elastin regeneration. The skin will appear visibly firm and tight, pores will appear refined, and the skin will overall look bright and rejuvenated. Recommended for all skin conditions.

Revitalising Vita-Gel Skin Treatment

30 min

R450

An ultra-Revitalising, de-aging and rejuvenating gel mask enriched with AHA's and BHA including Peptides and Hyaluronic acid. The treatment boosts the skin's natural cell rejuvenation process and stimulates collagen production. This treatment will leave the skin, smooth, moisturised and revitalised. Natural Neutralisation is recommended for a more hydrated skin benefit. This treatment is recommended for all skin conditions.

AHA+ Chemi peel Skin Treatment

30 min

R550

This is an effective chemi peel complex compounded with concentrated Beta-hydroxy and Alpha Hydroxy Acids. This treatment will boost dermal rejuvenation through superficial exfoliation by stimulating cell mitosis. The skin will visibly appear radiant, refined, and ultra-rejuvenated.

KALAHARI skin treatments

TCA Chemi peel Skin Treatment

30 min

R550

TCA, Trichloroacetic acid, is a medium strength chemical coagulant that revitalises the skin by lifting dead surface cells and stimulates skin mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores and even skin discoloration. The skin will appear visibly smoother, detexturised and radiant.

De-Age 5 Chemi peel Skin Treatment

30 min

R550

D-AGE5 Chemi peel Complex is compounded with Mandelic acid including Beta-hydroxy and Alpha Hydroxy acids. The application effectively de-age the skin, targets hyperpigmentation and assist with problematic skin conditions. This treatment will refine the appearance of pores, fine lines leaving the skin smoother, detexturised and radiant.

ADD-ON KALAHARI SKIN TREATMENTS

Eyezone Treatment

Provides hydration, re-contouring, and firming the delicate skin around your eyes.

EXTRA

R150

Neck And Décolleté Firming Treatment

Targets the visible appearance of sagging skin. Suitable for all skin conditions.

R150

Collagen Induction Skin Treatment

90 min

R1000

Experience visible tightening, lifting and firming results with out CIT treatment. This treatment stimulates the natural collagen and elastin within the skin resulting in improved dermal density and a de-aged appearance.

This treatment will also aid in the appearance of large pores, acne scarring and pigmentation.

All facials include a scalp, hand or foot massage.



BEAUTY treatments

WAXING

Half leg	-	R190
Back	-	R190
Chest	-	R190
Three quarter leg	-	R200
Full Leg - Ladies	-	R250
Full leg - Gents	-	R350
Full arm	-	R180
Under arm	-	R85
Bikini	-	R180
Advanced Bikini	-	R250
Brazilian	-	R350
Hollywood	-	R420
Lip/Chin/Nostril	-	R60
Full Facial Wax	-	R230
Eyebrow Shape	-	R70

TINTING

Eyelash	-	R60
Eyebrow tint	-	R60
Eyelash and Eyebrow	-	R85

NAILS

Gel on Natural Nails	-	R280
Gel French on Natural Nails	-	R290
Soak, Buff and Shape	-	R120
Gel Toe Nails	-	R200



OCCASION & SPA deck

Emoya Spa's extended deck for group bookings overlooks the lush veld and can accommodate 10-30 people at a time. Bookings are a minimum of 6 people or more to get our special group package rates. Use of the Jacuzzi included in all deck group packages.

Speak to us for a tailor made package for your Spa Day. You can celebrate any occasion with a Spa Party! Bachelorettes, Baby Showers, Birthdays, Secretaries' Day and much more!

AFRICAN DAISY PACKAGE

PER PERSON R950

Emoya Spirit Full Body Massage (60 mins), Basotho Foot Massage (45 mins)
Breakfast or Light Lunch, Sparkling Wine on Arrival.

Minimum of 6 or more people.

IMPALA LILY PACKAGE

PER PERSON R495

Emoya Spirit Back & Neck Massage (45 mins)
Light Lunch with sparkling wine on arrival.

Minimum of 6 or more people.

LITTLE LADY PACKAGE (For children under the age of 13 years)

PER PERSON R550

Back & Neck Massage (45 mins)
Mini manicure OR Pedicure

Minimum of 4 or more people.

LITTLE GENTS PACKAGE (For children under the age of 13 years)

PER PERSON R550

Back & Neck Massage (45 mins)
Mini manicure OR Pedicure

Minimum of 4 or more people.

EMOYA SPA PACKAGE

PER PERSON R1100

FOR 6 OR MORE PEOPLE.
Sparkling Mist Jacuzzi, Rasul, Sauna, Outside Rock Pool (not heated), Rainforest Foot Bath, Light Lunch and a Welcome Drink.
Speak to us for a tailored package for your Spa Day.



SPA & LODGE packages

HALF DAY SPA & LODGE COMBO

Per Person(Single Room)

R3 100

Per Couple (Double Room)

R5 225

Perfect for a quick getaway for a couple or friends, Spa treatments include Back and Neck Spirit Massage, Kalahari Honey Bush Facial, Kalahari Floating Feet, Sparkling Mist and Rasul, with a light lunch and champagne included. Accommodation at the Basotho Lodge, breakfast included at the Spa, followed by a Farm Game Drive to take in the various species on the Estate the following day.

FULL DAY SPA & LODGE COMBO

Per Person (Single Room)

R3 275

Per Couple (Double Room)

R5 799

Ideal for couples or friends, 6 hours of Spa treatments include Full Body Massage, Kalahari Honey Bush Facial, Kalahari Floating Feet Pedicure, Kalahari Heavenly Hands, Sparkling Mist and Rasul, with a light lunch and champagne included. Accommodation at the Basotho Lodge, breakfast included at the Spa, followed by a Farm Game Drive the following day to take in the various species on the Estate.





SPA facilities

Emoya Rasul - Couple	45 min	R650
Emoya Rasul - Per Person	45 min	R500
Sauna	30 min	R150
Sparkling Mist Jacuzzi (includes a glass of sparkling wine)	30 min	R200
Couples Sparkling Mist Jacuzzi (includes 2 glasses of sparkling wine)	30 min	R380

The use of the facilities such as the Sauna, Sparkling Mist and Rock Pool (not heated) are included in treatments over R1000 per person. (Does not include Rasul).

Lunch can be added to each treatment for a minimum of R100 per person, please speak to the receptionist. Prior booking is required.

TRADING HOURS

Mondays to Saturdays
08:00 - 17:00

Sundays
CLOSED

Open every Valentine's Day,
Mother's Day & Father's Day

EMOYA SPA Policy

- As Emoya Spa offers an experience we ask that you arrive 15 minutes before treatment time.
- Emoya Spa requires a 50% deposit with each booking to secure it. Bookings not cancelled within 24 hours will require a cancellation fee of 50%.
- Late arrivals will be finished within the scheduled time while the fee will remain unchanged.
- We do not accept responsibility for lost, stolen or damaged valuables, cash or personal items, whilst making use of the spa and facilities of Emoya Spa.
- Appropriate swimwear is required during the use of the facilities.
- We provide lockers in the changing rooms for your items.
- Prices are subject to change without notice. E&OE excepted.

spa@emoya.co.za
Tel: +27 (0) 51 436 8471/3175
7 Frans Kleynhans Road, Groenvlei
GPS: 29 03'51.68S, 26 10'04.58E
www.emoyaspa.co.za

